



HMIS SMSC Long Term Plan and Coverage



PSHE Association Core Theme 1 - Health and Wellbeing In Key Stages 1 & 2, pupils should be taught:	JIGSAW - the 6 Puzzles					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
What is meant by a healthy lifestyle				Y1, Y2,		
How to maintain physical, mental and emotional health and wellbeing	Y1, Y2,		Y1,	Y1, Y2,		Y1, Y2,
How to manage risks to physical and emotional health and wellbeing	Y1, Y2					
Ways of keeping physically and emotionally safe	Y1, Y2			Y1, Y2,		Y2
About managing change, such as puberty, transition and loss						Y1, Y2,
How to make informed choices about health and wellbeing and to recognise sources of help with this				Y1, Y2,		
How to respond in an emergency						
To identify different influences on health and wellbeing						



PSHE Association Core Theme 2 - Relationships In Key Stages 1 & 2, pupils should be taught:	JIGSAW - the 6 Puzzles					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts		Y1, Y2,	Y1, Y2,		Y1, Y2,	
How to recognise and manage emotions within a range of relationships					Y2	
How to recognise risky or negative relationships including all forms of bullying and abuse		Y1, Y2				
How to respond to risky or negative relationships and ask for help		Y1, Y2			Y1, Y2	
How to respect equality and diversity in relationships		Y1, Y2				

PSHE Association	JIGSAW - the 6 Puzzles					
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<p>Core Theme 3 - Living in the Wider World</p> <p>In Key Stages 1 & 2, pupils should focus on 'economic wellbeing and being a responsible citizen' and be taught:</p>						
About respect for the self and others and the importance of responsible behaviours and actions	Y1, Y2,	Y1	Y1, Y2	Y1	Y1, Y2	Y1, Y2
About rights and responsibilities as members of families, other groups and ultimately as citizens	Y1, Y2				Y1, Y2	
About different groups and communities						
To respect equality and to be a productive member of a diverse community		Y2				
About the importance of respecting and protecting the environment						
About where money comes from, keeping it safe and the importance of managing it effectively						
How money plays an important part in people's lives						
A basic understanding of enterprise			Y1, Y2			